University Council Minutes
April 8, 2019
3:00 PM
1045 Pamplin Hall

Present: Dwayne Pinkney (presiding), Rosemary Blieszner, Greg Daniel, Karen DePauw, Bryan Garey, Susan Short for Guru Ghosh, Tom Thompson for Alan Grant, Dan Harrington, Theresa Mayer, Scott Midkiff, Sally Morton, April Myers, Kim O'Rourke, Patty Perillo, Julie Farmer for Charles Phlegar, Glenda Scales for Julia Ross, Dwight Shelton, Robert Sumichrast, Kim Akers for Lisa Wilkes, Kayla Smith for Sherwood Wilson, Rajesh Bagchi, Jonathan Bradley, Urs Buehlmann, Bob Hicok, Kimberley Homer, Kerry Redican for Mary Kasarda, Monika Lawless, John Livingston, Virginia Pannabecker, Lori Buchanan for Tammie Smith, Monty Abbas, Susan Anderson, Eric Kaufman, David Tegarden, Lynn Abbott, David Bieri, Susanna Rinehart for Matthew Gabriele, Jia-Qiang He, Mary Marchant, Christopher Zobel, Velva Groover, Teresa Lyons, Sue Teel, Annette Bailey, Kayla Winbush for Jaylen Foskey, Tremayne Waller for Glenda Scales, Christine Tysor, Samantha Fried, Alexis Hruby, Caed Cunningham, Sam Felber, & Rachel Iwicki

Absent: Tim Sands (with notice), Richard Blythe, Cyril Clarke (with notice), Michael Friedlander, Steve McKnight, Kelly Oaks (with notice), Menah Pratt-Clarke, Tyler Walters, Paul Winistorfer, Bettina Koch, Cayce Myers, Yan Jiao, Chris Lawrence, LaTawnya Burleson (with notice), Brian Huddleston, Katrina Loan, Erin Poff, Jeannie Layton-Dudding, John Massey, Davon Woodard, Anurag Mantha, Conrad Briles, Jacob Davis, Adil Sageer, Madilynne Tanner, Zo Amani, John Ferris (with notice), & Robert Sebek

Guests: Kevin Edgar, Tara Frank, Bill Huckle, Aubrey Knight, Cliff Shaffer, Cindy Smith, & Chris Wise

Dr. Dwayne Pinkney called the meeting to order at 3:00 p.m. A quorum was present.

1. Adoption of Agenda

A motion was made and seconded to adopt the agenda. The motion carried.

2. Announcement of approval and posting of minutes of March 4, 2019

Dr. Pinkney noted that these minutes have been voted on electronically and can be publicly accessed on the Governance Information System on the Web (http://www.governance.vt.edu).

3. Old Business

Commission on Faculty Affairs
Resolution CFA 2018-19A
Resolution to Amend the Faculty Senate Constitution to Adopt the Parliamentary Rules Used by University Council

Professor Bob Hicok presented the resolution for second reading and made a motion to approve. The motion was seconded, and the motion passed.

Commission on Faculty Affairs
Resolution CFA 2018-19B
Resolution to Amend the Faculty Senate Constitution Regarding Term Limits

Professor Bob Hicok presented the resolution for second reading and made a motion to approve. The motion was seconded, and the motion passed.

Commission on Faculty Affairs
Resolution CFA 2018-19C
Resolution to Amend the Faculty Senate Constitution Regarding Amendments to Faculty Senate Constitution

Professor Bob Hicok presented the resolution for second reading and made a motion to approve. The motion was seconded, and the motion passed.

Commission on Faculty Affairs
Resolution CFA 2018-19D
Resolution to Amend the Faculty Senate Constitution Regarding the Function of Faculty Senate as Faculty Voice

Professor Bob Hicok presented the resolution for second reading and mentioned a change in the second whereas statement. This statement is correct to read, "participation in the Faculty Senate of Virginia is defined in Article VI, Section 5 of the Faculty Senate Constitution." Professor Hicok made a motion to approve. The motion was seconded, and the motion passed.

4. New Business

Commission on Graduate Studies and Policies
Resolution CGSP 2018-19F
Resolution to Establish a Master of Engineering Degree in Computer Science and Applications (CSA-Meng)

Dr. Rajesh Bagchi presented the resolution for first reading. Dr. Bagchi gave background for this resolution. This resolution creates a new Engineering Master's degree in the existing Computer Science and Applications program to be effective in the Spring of 2020. The purpose of the CSA-Meng designation is to prepare graduates with the necessary knowledge and skills for mid-level and advanced positions in industries related to computing technology in part driven by the newly announced Innovation Campus. This new degree can accommodate part-time students, full-time students, or students in a 12-month accelerated program. The CSA-Meng degree program will provide students with entrepreneurial, experiential learning through a project course requirement similar to a capstone course, by working in small teams to complete the full software project life cycle.

Commission on Undergraduate Studies and Policies
Resolution CUSP 2018-19A
Resolution to Approve New Major, Childhood Pre-Education, In Bachelor of Science in Human Development

Dr. Kerry Redican presented the resolution for first reading. Dr. Redican indicated that there is a high demand for child educators and care workers with in-depth knowledge about and experience with meeting the needs of children, and this new major will prepare students for this demand.

5. Announcement of acceptance and posting of Commission Minutes

Dr. Pinkney noted that these minutes have been voted on electronically and will be posted on the University web (http://www.governance.vt.edu). Note that the purpose of including Commission minutes on the agenda is to accept them for filing. University Council By-laws require that policy items be brought forward in resolution form for University Council action.

- Commission on Administrative and Professional Faculty Affairs
  December 12, 2018
  February 13, 2019

- Commission on Equal Opportunity and Diversity
  October 8, 2018

November 12, 2018
December 17, 2018

- Commission on Faculty Affairs
  February 22, 2019

- Commission on Graduate Studies and Policies
  February 20, 2019
  March 6, 2019

- Commission on Outreach and International Affairs
  February 21, 2019

6. For Information Only

Minutes of the University Advisory Council on Strategic Budgeting and Planning
February 21, 2019

7. Presentation

Dr. Aubrey Knight and Dr. Dan Harrington gave a brief presentation on the Virginia Tech School of Medicine Honor Code (VTCSOM Honor Code Case Management Flowchart attached).

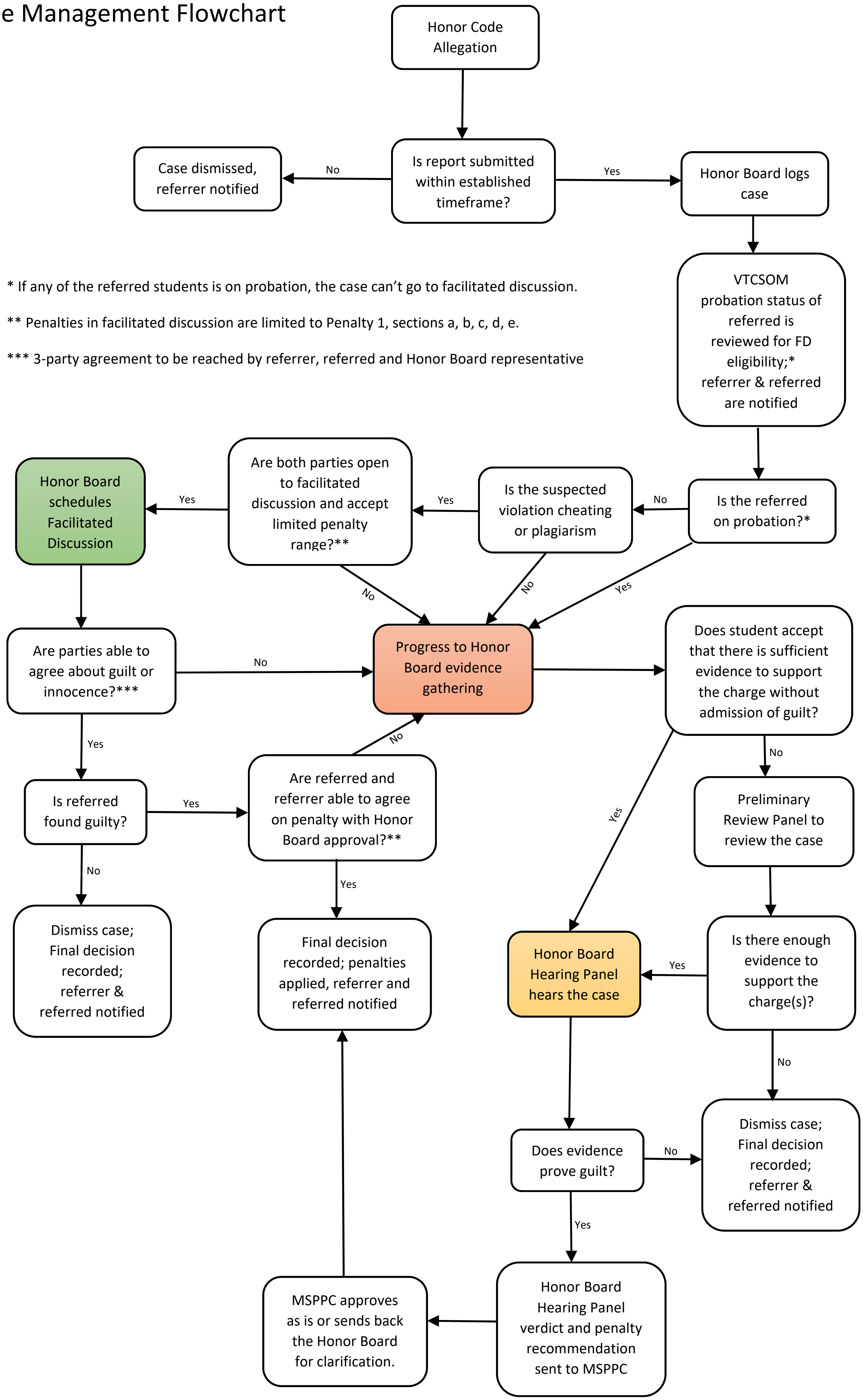
8. Presentation

Dr. Patty Perillo, Vice President for Student Affairs, introduced Mr. Chris Wise, Assistant Vice President for Student Affairs, who gave a brief presentation on the summary and findings/recommendations of the Mental Health Task Force (presentation attached).

9. Adjournment

There being no further business, a motion was made to adjourn the meeting at 3:50 p.m.

VTCSOM Honor Code
Case Management Flowchart


Honor Code Allegation
Is report submitted within established timeframe?
No
Case dismissed, referrer notified
Yes
Honor Board logs case
VTCSOM probation status of referred is reviewed for FD eligibility;* referrer & referred are notified
Is the referred on probation?*
No
Is the suspected violation cheating or plagiarism
Yes
Are both parties open to facilitated discussion and accept limited penalty range?**
Yes
Honor Board schedules Facilitated Discussion
No
No
Yes
Progress to Honor Board evidence gathering
Are parties able to agree about guilt or innocence?***
No
Yes
Is referred found guilty?
Yes
Are referred and referrer able to agree on penalty with Honor Board approval?**
No
Yes
Final decision recorded; penalties applied, referrer and referred notified
No
Dismiss case; Final decision recorded; referrer & referred notified
Does student accept that there is sufficient evidence to support the charge without admission of guilt?
Yes
No
Preliminary Review Panel to review the case
Is there enough evidence to support the charge(s)?
Yes
Honor Board Hearing Panel hears the case
No
Dismiss case; Final decision recorded; referrer & referred notified
Does evidence prove guilt?
No
Yes
Honor Board Hearing Panel verdict and penalty recommendation sent to MSPPC
MSPPC approves as is or sends back the Honor Board for clarification.

* If any of the referred students is on probation, the case can’t go to facilitated discussion.

** Penalties in facilitated discussion are limited to Penalty 1, sections a, b, c, d, e.

*** 3-party agreement to be reached by referrer, referred and Honor Board representative

MENTAL HEALTH TASK FORCE

Report Summary and Next Steps

Dr. Patty Perillo, Vice President for Student Affairs
Chris Wise, Assistant Vice President for Student Affairs

STUDENT AFFAIRS
VIRGINIA TECH.

PROVOST CHARGE

"…..to help identify factors affecting mental health including social, cultural, and biological impacts that can influence development and treatment of mental health issues; address issues associated with mental health services; anticipate how the university may address existing needs; and proactively plan for future support of mental health programs for our university."

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MEMBERS OF THE TASK FORCE

Task Force Chair

- Chris Wise, Chair (Assistant Vice President for Student Affairs)

Task Force Members

- Zo Amani (2018-19 Graduate Student Representative to the Board of Visitors)
- Chris Flynn (Director, Cook Counseling Center)
- Michael Friedlander (Executive Director, Fralin Biomedical Research Institute at VTC; Vice President for Health Sciences and Technology)
- Laura Hungerford (Head, Department of Population Health Sciences)
- Rachel Iwicki (2018-19 Undergraduate Student Representative to the Board of Visitors)
- Robin Panneton (Associate Dean for Undergraduate Programs, College of Science)
- Robert Trestman (Chair, Department of Psychiatry, Virginia Tech Carilion School of Medicine)

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PROCESS:

- 15 meetings over 18 weeks
- Reviewed literature
- Reviewed Data:
  - *Healthy Minds*
  - *Center for Collegiate Mental Health*
  - *Substance Abuse and Mental Health Services Administration*
  - *National Survey on Drug Use and Health*
  - *National Comorbidity Student-Replication and the Adolescent Supplement*
- Met with student advocates, administrators, faculty
- Comments from a sample of faculty, advisors, and students regarding perceptions of Cook Counseling
  - *Reinforcement of what we heard, discussed and ultimately recommended*
  - *Reflect varying degrees of misinformation/misunderstanding - reinforcing strong conclusion that better education/awareness of needs and services is essential for all*

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QUESTION 1: What are the social, cultural, and biological factors driving demand for mental health services at Virginia Tech?

- Prevalence of mental health concerns among middle and high school students
  - 50% before age of 14; 75% before age of 24
- Sociocultural profile of the current college student population
- Pervasiveness of prejudice, isolation, financial stress and/or traumatic experiences among students
- Escalating dependence on e-devices and social media
- Greater awareness to benefits of early attention to symptoms of anxiety, depression, or other and decreased stigma

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QUESTION 2: Are students who need mental health services at Virginia Tech reflective of the larger higher education population?

- Students at Virginia Tech experience the same conditions and need for services as national peers
- For matters related to distress, rates among VT students are *lower* than national averages
- From 2013 to 2017, overall enrollment increased slightly less than 10%, however there has been over a 40% increase in demand for services
- National comparison = enrollment increase of 5%; increase in demand for services 30 - 40%

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QUESTION 3: Can the systems and procedures used at Virginia Tech to identify students in need be optimized and, if so, how can this be accomplished?

- Maintain the recommended mental health staff to student ratio
- Identify underserved disorders and resource accordingly
- Improve preparedness and capacity of faculty, teaching associates, and academic and resident life advisors to identify and refer students for the right type of support
- Grow and scale services based on projections of mental health concerns in the pre-college age cohort
- Review academic systems for improvements

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QUESTION 4: Is Virginia Tech adequately able to support the mental health needs of the student body and, if not, what additional strategies should be considered?

Additional strategies to optimize VT's commitment to improving our mental health landscape:

- Develop a campus-wide mental wellness campaign
- Provide specific training for those in front-line contact with students
- Adjust services to more student-centric locations and convenient times
- Identify high-risk groups and pathway situations
- Collaborate with VTCSOM/Carilion affiliated psychiatry resources for more complex diagnoses
- Increase peer-support models of education and awareness
- Wider implementation of Question, Persuade, Refer (QPR)
- Implement mental health self-assessment tools
- Improve integration of referral and support infrastructures

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QUESTION 5: What is the role for prevention and education in addition to direct service provision?

Prevention and education:

- Decreases the likelihood of self harm and escalation of existing conditions, both during the college and after graduation
- Creates an informal and formal early warning system between individuals and within communities
- Makes programs and services more accessible and systematic, culturally inclusive
- Understand and pool resources and work being done in prevention and education domain

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Next Steps/Recommendations

- Develop a MyOneHealth Awareness Campaign at the institutional level
- Support existing and encourage new transdisciplinary, translational research on collegiate mental health
- Maintain International Association of Counseling Services counselor to student ratio
- Provide primary contacts within each college to serve as liaisons to Cook Counseling Center for staff training and education, triage of cases, and messaging campaigns
- Through the CGS & CUSP, identify and evaluate the continuation of academic practices that have historically adverse effect on student health and well-being; evaluate academic opportunities to promote mental health and well-being
- Improve coordination and connection between student-driven mental health initiatives, paraprofessional support groups, and administrative practices
- Strengthen the coordination and delivery of services between Cook Counseling Center, Virginia Tech Carilion School of Medicine, Carilion Clinic, and local mental health resources for care delivery
- Scale up Hokie Wellness mental health education/prevention team

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MENTAL HEALTH TASK FORCE

Questions

Dr. Patty Perillo, Vice President for Student Affairs
Chris Wise, Assistant Vice President for Student Affairs

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2015 - 2018: Resource Initiatives related to Mental Health services

- 12 FTE counseling positions added; plus wage hours
- 1 FTE psychiatry position added; plus wage hours
- Mental Health Educator added to Hokie Wellness
- Kent Square satellite facility opened
- Receptionist position added
- 2 additional pet therapy dogs added
- Cost of $1.7 million over past three years

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